Differences in Parent-Toddler Interactions With Electronic Versus Print Books

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abstract

OBJECTIVES: Previous research has documented less dialogic interaction between parents and preschoolers during electronic-book reading versus print. Parent-toddler interactions around commercially available tablet-based books have not been described. We examined parent-toddler verbal and nonverbal interactions when reading electronic versus print books.

METHODS: We conducted a videotaped, laboratory-based, counterbalanced study of 37 parent-toddler dyads reading on 3 book formats (enhanced electronic [sound effects and/or animation], basic electronic, and print). We coded verbalizations in 10-second intervals for parents (dialogic, nondialogic, text reading, format related, negative format-related directives, and off task) and children (book related, negative, and off task). Shared positive affect and collaborative book reading were coded on a scale of 1 to 5 (5 = high). Proc Genmod and Proc Mixed analyzed within-subjects variance by book format.

RESULTS: Parents showed significantly more dialogic (print 11.9; enhanced 6.2 [P < .001]; basic 8.3 [P < .001]), text-reading (print 14.3; enhanced 10.6 [P = .003]; basic 14.4 [P < .001]), off-task (print 2.3; enhanced 1.3 [P = .007]), and total (29.5; enhanced 28.1 [P = .003]; basic 29.3 [P = .005]) verbalizations with print books and fewer format-related verbalizations (print 1.9; enhanced 10.0 [P < .001]; basic 8.3 [P < .001]). Toddlers showed more book-related verbalizations (print 15.0; enhanced 11.5 [P < .001]; basic 12.5 [P = .005]), total verbalizations (print 18.8; enhanced 13.8 [P < .001]; basic 15.3 [P < .001]), and higher collaboration scores (print 3.1; enhanced 2.7 [P = .004]; basic 2.8 [P = .02]) with print-book reading.

CONCLUSIONS: Parents and toddlers verbalized less with electronic books, and collaboration was lower. Future studies should examine specific aspects of tablet-book design that support parent-child interaction. Pediatricians may wish to continue promoting shared reading of print books, particularly for toddlers and younger children.

WHAT’S KNOWN ON THIS SUBJECT: When preschoolers read electronic books with parents, parents may show less dialogic reading, and talk is often focused on the technology. It is not known whether toddler-parent interactions differ when reading commercially available electronic books compared with print.

WHAT THIS STUDY ADDS: Parents engaged in more dialogic reading with fewer technology-related verbalizations and more parent-toddler verbalizations with print books compared with electronic books. Print books elicited a higher quality of parent-toddler collaborative reading experience compared with electronic books.

Dr Munzer conceptualized and designed the study, coordinated and supervised data collection, drafted the initial manuscript, and reviewed and revised the manuscript; Dr Miller conceptualized and designed the study and reviewed and revised the manuscript; Dr Weeks conducted the data management, processing, and analyses and reviewed and revised the manuscript; Dr Kaciroti created the data analysis plan, conducted the data analysis, and reviewed and revised the manuscript; Dr Radesky conceptualized and designed the study, coordinated and supervised data collection, and reviewed and revised the manuscript; and all authors approved the final manuscript as submitted and agree to be accountable for all aspects of the work.

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Shared book reading is 1 of the most important developmental activities parents can engage in with their children. Shared book reading exposes children to more sophisticated speech and knowledge, and provides unhurried time to build attachment, in turn promoting executive functioning skills. Nonverbal interactions during shared book reading, such as parental warmth and child enthusiasm, foster interest in reading and are associated with improved literacy later in life. In particular, parent dialogic reading practices (comments and questions that go beyond the written word and connect the story to child experiences) are believed to promote child expressive language, engagement, and literacy.

With rapid increases in electronic-book and mobile-device ownership, a growing amount of children’s reading is taking place electronically on electronic readers or tablets. However, pediatricians are unsure whether to promote their use because previous studies suggest both benefits and drawbacks to electronic reading for preschoolers and older children. Previous literature has shown that electronic books may facilitate engagement, particularly among reluctant preschoolers and kindergarteners who are learning to read. Certain embedded tools, such as dictionaries, may improve vocabulary and story comprehension in kindergarteners. However, preschoolers and kindergarteners also reproduced fewer narrative details and sequenced story events with lower accuracy after reading enhanced electronic books compared with print books. Lower comprehension during electronic-book reading may be due to less adult verbal elaboration and scaffolding and extraneous “hot-spot” enhancements, which may distract from story content. Yet, adult verbal elaboration and parental scaffolding is crucial for young children’s learning, particularly regarding digital media.

An existing gap in knowledge is how toddlers and parents interact around electronic books. Developmentally, toddlerhood (~24–36 months old) is characterized by emerging language and social-emotional skills as well as immature executive functioning skills. These developmental differences may make toddlers particularly susceptible to the distractions in enhanced electronic books. Additionally, because of their immature memory flexibility, toddlers depend more on adult scaffolding to transfer information from digital media to the real world, have more difficulty learning information presented in digital media compared with in-person interactions, and retain information better when digital media are viewed with an adult. Only 1 electronic-book study has been conducted in toddlers, finding that toddlers remembered a novel word better on an electronic book compared with print, but parents read the text and pointed more when interacting over print. This study used an electronic book without digital enhancements that was not commercially available; therefore, results do not generalize to tablet-based books available to families.

To our knowledge, no studies have examined dialogic and nonverbal interactions between parents and toddlers when reading electronic books. For pediatric providers to make informed decisions about recommending electronic books, more needs to be known about differences in parent-child interactions during these types of reading encounters with toddlers, a developmental range that is underrepresented in current literature. In this study, we aim to address these gaps by examining the frequency of parent verbalizations that are important to early language and literacy (eg, dialogic reading), child verbalizations, and quality of the shared book-reading experience during the reading of commercially available electronic and print books.

METHODS

Study Design

We conducted an experimental, laboratory-based study consisting of a video-recorded free play, book-reading protocol, and surveys lasting ~75 minutes. Toddler-parent dyads were assigned to 1 of 36 counterbalanced book-format orders. Parents were compensated $50 for participating. The University of Michigan Institutional Review Board approved this study.

Participants

We recruited 37 parent-toddler dyads from the University of Michigan online research registry (UMhealthresearch.org) and community-based settings, including pediatric offices, child care centers, and community centers. To not bias recruitment toward parents with particular digital media views, language stated generically that the study involved coming to the University of Michigan, where “you and your child would be videotaped while playing with toys and books.” Parents contacted researchers via the research registry, e-mail, or phone and underwent phone-based screening. Inclusion criteria were as follows: (1) child age 24 to 36 months, (2) child did not have a developmental delay or serious medical condition, (3) parent read English sufficiently to complete questionnaires and consent, (4) parent was a legal and/or physical custodial guardian, and (5) parent and child did not have uncorrected hearing or vision impairments.

Procedure

At the study visit, parents provided written informed consent. The
laboratory room was set up to approximate a living room and contained a 1-way mirror, couches, 3 books in boxes (2 tablet books and 1 print book), and video cameras.

Participants first completed a 5-minute, video-recorded free play with nondigital toys. They then completed a random, preassigned reading activity with an enhanced electronic book, a basic electronic book, and a print book occurring in counterbalanced order (Fig 1). Figure 2 includes 1 example permutation. Books were placed in open boxes labeled 1 to 3 out of children’s reach. Parents received instructions to start with the book in box 1, that they have “5 minutes to look at it,” and to complete books sequentially as prompted.

**Book Formats**

Three Mercer Mayer “Little Critter” books (Just Grandma and Me, All by Myself, and Just a Mess) were chosen because of their similar length, reading difficulty, and availability in all 3 formats. Print books were 8×8-inch softcovers. Basic electronic-book capabilities allowed for swiping to turn the pages and tapping illustrations to elicit the appearance of words but without autonarration or additional features, such as sound effects. Enhanced electronic books contained audiovisual hot spots: tapping illustrations would result in the appearance and narration of the word “seagull”) coupled with sound effects. Tapping other pictures or turning a page produced a sound effect (eg, tapping a dog would produce the sound of a dog panting, and turning the page to a beach produced sounds of ocean waves). Although autonarration of the story was disabled on both electronic-book formats, tapping and holding down an individual sentence in the enhanced electronic book would narrate that text, but this feature was only briefly used by 2 dyads. Basic and enhanced electronic books were preloaded on a 10-inch Samsung Galaxy tablet computer, which contained no other applications. Parents received instruction to select “read it myself” such that the electronic book was not narrating the book text.

**Survey Measures**

Parents completed surveys regarding covariates for potential inclusion in statistical models, including demographic information (parent age, sex, educational attainment, household income, race and/or ethnicity, relationship to child, and marital status; child’s age, sex, ethnicity, and prematurity) and standardized measures of child language, social-emotional development, and digital media–use practices.

The MacArthur-Bates Communicative Developmental Inventory (CDI) short form assessed toddler language development. This 100-word validated and reliable vocabulary checklist generated a percentile score from total words produced and accounted for age.

The Brief Infant-Toddler Social and Emotional Assessment (BITSEA) is a validated and reliable 42-item questionnaire that screens for child social-emotional problems. Parents rated items on a 3-point Likert scale generating the Problem and Competence subscales (Cronbach α = 0.68 and 0.58, respectively).

Standardized questions assessed the frequency of home child digital media use (including tablet, smartphone, and electronic-book usage) and parental mediation strategies (instructive, restrictive, and co-viewing).

**Coding Parent-Toddler Verbal Interactions**

We developed a verbal coding scheme based on previous literature on dialogic reading and shared electronic-book reading. For each 10-second interval, researchers coded 1 for a specific verbalization occurring or 0 for not occurring; interval verbalization counts were summed within each 5-minute book condition. Verbalization categories were not mutually exclusive; parents and children could have >1 type per 10-second interval, although each sentence was only coded in 1 category. Please see the coding definitions in Tables 1 and 2 for
TABLE 1 Coding Definitions and Examples of Parent Verbalizations

<table>
<thead>
<tr>
<th>Definition</th>
<th>Examples</th>
<th>Cohen’s κ</th>
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<tbody>
<tr>
<td>Dialogic</td>
<td>Dialogic reading techniques often prompt a child to expand and elaborate on concepts related to the story. These were defined as follows: parent asks open-ended question, expands on an idea the child has, repeats what the child says, or relates the story content to the child’s experience.</td>
<td>“What’s happening here?” “What did they do next?” “What did you think about that book?” “Remember when you went to the beach with Dad?” Child says, “Here is a wagon,” and parent replies, “It’s a big, red wagon.”</td>
</tr>
<tr>
<td>Nondialogic</td>
<td>Nondialogic reading techniques were related to story content but have not been previously shown to elicit the same quantity of child verbalizations as dialogic verbalizations. These were defined as follows: parent labels something, asks a simple question requiring only a name or label, makes a pointing request of the child, makes an attention prompt, or talks about the process of reading.</td>
<td>“What is that?” “Show me the cat.” “Look at this!” “There’s Grandma!”</td>
</tr>
<tr>
<td>Text read</td>
<td>Parent reads directly from the book text.</td>
<td>“We went to the beach, just grandma and me.”</td>
</tr>
<tr>
<td>Format related</td>
<td>These are verbalizations that are related to the book format. Parent comments on, asks a question about, or adds a directive regarding an aspect of the print or tablet interface.</td>
<td>“Great job, you’re turning the page!” “Can I hold the book or tablet?” “Go ahead and turn the page.” “You can push the button here.” “Swipe with your finger.”</td>
</tr>
<tr>
<td>Negative format-related directives</td>
<td>Parent makes a negative directive that is related to the book format. For instance, the parent tells the child not to do something related to how the book or tablet functions.</td>
<td>“You can’t keep pressing the back button.” “Don’t turn the page.” “Don’t rip the book.” “Don’t turn the volume up.” “Don’t touch that button.”</td>
</tr>
<tr>
<td>Off task</td>
<td>These are unrelated to the book content or book format and include all other parent verbalizations that are not categorized as above.</td>
<td>“You can have your goldfish later.” “We are going to the store after this.”</td>
</tr>
</tbody>
</table>

parent and child verbalizations. Parent and child utterances were independently summed to calculate total verbalizations. Undergraduate students blinded to the hypothesis coded to reliability with Cohen’s κ of at least 0.70.

**Coding Parent-Toddler Nonverbal Interactions**

We developed 2 global coding schemes based on existing literature on shared print-book reading to assess parent-toddler nonverbal interactions: shared positive affect and collaborative book-reading experience. Codes were applied on the basis of the full 5 minutes per book condition on a scale of 1 to 5 (Table 3). The 5-minute free-play session was also coded for shared positive affect and examined as a potential covariate representing baseline parent-child interaction quality.

**Analysis**

We conducted Poisson regressions using Proc Genmod to compare each verbal outcome by book format, adjusting for total elapsed time, given the occasional variation in reading duration. Proc Mixed was used to compare differences in positive affect and collaborative book reading by book format. All models included a repeated measures statement to allow for within-subjects comparison of verbal and nonverbal outcomes by book-format condition. Although the counterbalanced design accounted for between-subjects variance in factors known to influence book-reading behaviors, such as sociodemographic characteristics, we included covariates in final models with \( P < .05 \) to improve model fit (eg, order of book presentation, parent income, race and/or ethnicity, child sex, CDI or BITSEA score, and home media practices). A sensitivity

TABLE 2 Coding Definitions and Examples of Child Verbalizations

<table>
<thead>
<tr>
<th>Definition</th>
<th>Examples</th>
<th>Cohen’s κ</th>
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</thead>
<tbody>
<tr>
<td>Book related</td>
<td>Child labels a picture, answers a parent question, repeats what the parent is saying, or talks about a function of the book.</td>
<td>“I want to read this.” “I press the button.”</td>
</tr>
<tr>
<td>Negative</td>
<td>Child says no or makes a comment in a defiant or negative manner.</td>
<td>“Look, a spider!”</td>
</tr>
<tr>
<td>Other</td>
<td>These are verbalizations that do not fall into the above categories. Unintelligible utterances that are not clearly related to the book were also included.</td>
<td>“Can I have water?” “I want to go home.”</td>
</tr>
</tbody>
</table>
analysis excluding 1 participant who cried during the entirety of 1 book-reading condition did not reveal differences; therefore, all participants were included. All analyses were completed in SAS 9.4 (SAS Institute, Inc, Cary, NC).

RESULTS
As shown in Table 4, children were 29.2 months old, and parents were 33.5 years old. Of the parents, 81% were mothers, 76% had a 4-year college degree or more, and 89% were married. Of the children, 54% were boys, 57% were non-Hispanic white, 16% were non-Hispanic African American, and 27% were of other race and/or ethnicity.

Figure 3 shows the number of intervals containing each type of parent verbalization. Parent dialogic verbalizations were greater with print (11.9 intervals [SE = 1.1]) versus either enhanced electronic (6.2 intervals [SE = 0.7]; P < .001) or basic electronic books (8.3 intervals [SE = 0.9]; P < .001). Parent nondialogic verbalizations were greater with print (17.7 [SE = 0.7]) versus basic electronic books (15.7 [SE = 0.8]; P = .008). Parents read the book text more with print (14.3 [SE = 1.0]; P = .003) or basic electronic (14.4 [SE = 1.1]; P < .001) compared with enhanced electronic books (10.6 [SE = 0.9]). Parents made fewer format-related and negative format-related directives when engaging over print books versus enhanced or basic electronic books (Fig 3). Parents had

TABLE 3 Nonverbal Coding Definitions

<table>
<thead>
<tr>
<th>Definition</th>
<th>Shared Positive Affect</th>
<th>Collaborative Book Reading</th>
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</thead>
<tbody>
<tr>
<td>Intraclass correlation Code 1</td>
<td>0.84 A score of 1 was marked by little positive shared affect or enjoyment, several instances of negative affect that occur more frequently than instances of positive affect, and/or the child having a tantrum or refusal of prolonged duration or high frequency.</td>
<td>0.75 A score of 1 was marked by greater distance between the parent and child, the parent making few attempts to engage the child or being overly directive and/or intrusive, or the child missing social bids from the parent or being confrontational and/or defiant.</td>
</tr>
<tr>
<td>Code 3</td>
<td>A score of 3 was marked by small-to-moderate amounts of positive affect between the dyad with brief but unsustained instances of negative affect, or the dyad may be primarily affectively neutral.</td>
<td>A score of 3 was marked by some instances of close dyad proximity with some instances of greater distance between them, some attempts of parent-child engagement but less in frequency than a code 4 or 5, and/or the dyad seeming more focused on the reading task than on each other.</td>
</tr>
<tr>
<td>Code 5</td>
<td>A score of 5 was marked by frequent displays of shared positive affect with the dyad showing definite pleasure with each other (eg, high frequency of smiling, laughing, praise, and warmth).</td>
<td>A score of 5 was marked by the dyad being comfortably nestled together with a shared view of the book, a highly responsive parent, and an actively engaged child who exhibits minimal defiance.</td>
</tr>
</tbody>
</table>

TABLE 4 Participant Characteristics (N = 37)

<table>
<thead>
<tr>
<th>Sample</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child age, mo, mean (SD)</td>
<td>29.2 (4.2)</td>
</tr>
<tr>
<td>Parent age, y, mean (SD)</td>
<td>33.5 (4.0)</td>
</tr>
<tr>
<td>Parent relationship to child, n (%)</td>
<td></td>
</tr>
<tr>
<td>Mother</td>
<td>30 (81)</td>
</tr>
<tr>
<td>Father</td>
<td>7 (19)</td>
</tr>
<tr>
<td>Child sex, n (%)</td>
<td></td>
</tr>
<tr>
<td>Boys</td>
<td>20 (54)</td>
</tr>
<tr>
<td>Girls</td>
<td>17 (46)</td>
</tr>
<tr>
<td>Child race and/or ethnicity, n (%)</td>
<td></td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>21 (57)</td>
</tr>
<tr>
<td>African American, non-Hispanic</td>
<td>6 (16)</td>
</tr>
<tr>
<td>Hispanic or other</td>
<td>10 (27)</td>
</tr>
<tr>
<td>Parent education, n (%)</td>
<td></td>
</tr>
<tr>
<td>Some college courses</td>
<td>4 (11)</td>
</tr>
<tr>
<td>2-y college degree</td>
<td>5 (13)</td>
</tr>
<tr>
<td>4-y college degree</td>
<td>14 (38)</td>
</tr>
<tr>
<td>More than 4-y college degree</td>
<td>14 (38)</td>
</tr>
<tr>
<td>Parent marital status, n (%)</td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>4 (11)</td>
</tr>
<tr>
<td>Married</td>
<td>33 (89)</td>
</tr>
<tr>
<td>Child has used tablet to read a book, n (%)</td>
<td></td>
</tr>
<tr>
<td>Almost never</td>
<td>23 (62)</td>
</tr>
<tr>
<td>Rarely</td>
<td>2 (5)</td>
</tr>
<tr>
<td>Occasionally</td>
<td>4 (11)</td>
</tr>
<tr>
<td>Often</td>
<td>6 (16)</td>
</tr>
<tr>
<td>Most of the time</td>
<td>2 (5)</td>
</tr>
<tr>
<td>Daily time spent reading books together, n (%)</td>
<td></td>
</tr>
<tr>
<td>Not used</td>
<td>8 (22)</td>
</tr>
<tr>
<td>&lt;30 min</td>
<td>16 (43)</td>
</tr>
<tr>
<td>30 min–1 h</td>
<td>9 (24)</td>
</tr>
<tr>
<td>1–2 h</td>
<td>3 (8)</td>
</tr>
<tr>
<td>3–4 h</td>
<td>1 (3)</td>
</tr>
<tr>
<td>CDI percentile, mean (SD)</td>
<td>52.9 (33.4)</td>
</tr>
<tr>
<td>BITSEA Problem subscale, mean (SD)</td>
<td>6.7 (5.8)</td>
</tr>
<tr>
<td>BITSEA Competence subscale, mean (SD)</td>
<td>19.1 (2.2)</td>
</tr>
</tbody>
</table>
more total verbalizations when interacting over print books (29.5 [SE = 0.2]) versus enhanced electronic books (28.1 [SE = 0.4]; P = .003) and more so over basic electronic books (29.3 [SE = 0.3]; P = .005) versus enhanced electronic books.

Figure 4 includes the number of intervals containing each type of toddler verbalization. Toddlers' book-content verbalizations were greater with print (15.0 [SE = 1.2]) versus either enhanced electronic (11.5 [SE = 0.9]; P < .001) or basic electronic books (12.5 [SE = 1.1]; P = .005). Toddlers had no differences in negative verbalizations across all formats but had more off-task verbalizations with print (2.3 [SE = 0.3]) versus enhanced electronic (1.3 [SE = 0.3]; P = .007). Total toddler verbalizations were greater with print (18.8 [SE = 1.1]) versus either enhanced electronic (13.8 [SE = 0.9]; P < .001) or basic electronic books (15.3 [SE = 1.0]; P < .001).

Figure 5 includes nonverbal outcomes by book format. Shared positive effect was similar across all book formats. Dyads' collaborative book-reading scores were higher with print (3.1 [SE = 0.2]) versus either enhanced electronic (2.7 [SE = 0.2]; P = .004) or basic electronic books (2.8 [SE = 0.2]; P = .02).

**DISCUSSION**

Developmental benefits of shared book reading have been attributed to the quality of parent-child interactions occurring around books, particularly in prereaders such as toddlers, who rely heavily on parents to understand story content. These interactions include the quantity of words spoken, how parents tailor content to children's experiences to support learning, and asking open-ended questions to promote child expressive language. Our findings suggest that high-quality dialogic practices are less common, and parents and toddlers speak less overall and in a less collaborative manner, when reading electronic books compared with print. Parents read the text less in enhanced electronic books, making more format-related comments and negative directives when reading electronic books.

Similar to previous studies in preschoolers, we found that electronic-book enhancements were likely interfering with parents' ability to engage in dialogic reading. Dialogic, parent-guided conversation promotes toddler expressive-language development and supports preliteracy skills, which are crucial for independent reading, far more than reading only text or making simple (nondialogic) comments, although these are also important. Parents strengthen their children's ability to acquire knowledge by relating new content to their children's lived experiences. There is a large body of literature showing that this type of adult scaffolding is especially important for toddlers to transfer information from digital media to the real world because toddlers in particular learn and retain novel information better from in-person interactions than from digital media. However, such practices occurred less frequently with electronic books, which raises the question of whether electronic books have lower educational potential for toddlers.

Parents also asked fewer simple questions, commented about the storyline less, and read less during electronic-book conditions compared with print. These behaviors are important because they promote child receptive language by exposing children to novel vocabulary and more complex syntax than conversations occurring during daily activities. Even interactions over basic electronic books contained fewer dialogic and total parent verbalizations compared with print, suggesting that affordances of the tablet (and not only the interactive design) may be influencing parents' behavior. Parents and children may conceptualize tablets as being
individually used rather than shared objects. Indeed, one study revealed that children tend to create solitary spaces when engaging in tablet play compared with traditional toy play, leaving less space for their parents to co-view and ignoring parent bids for attention. Similarly, parents reported a sense of pride and relief when their children independently engaged with a tablet device without help, and we acknowledge that this independence may be perceived as a potential benefit of electronic books. We hypothesize that the tablet itself may reduce opportunities for parent-child interactions during book reading.

Children changed their behavior as a function of book format, verbalizing more when reading the print book. This finding may be related to greater parent dialogic reading with print books versus electronic books, which provides positive reinforcement for toddler speech. Children’s tendency to become occupied in repeated tapping or swiping on electronic books may also have supplanted speech production. Repetitive tapping and swiping may not constitute sufficient engagement to learn new concepts because it is thought to represent cause-and-effect play rather than “minds-on” activity.

True meaningful engagement (active involvement occurring in a rich social context without distractions) fosters the most effective learning from media. Previous research in preschoolers supports this concept because distracting digital enhancements interfere with parent scaffolding, which leads to reduced child story comprehension and fewer child verbalizations. Opportunities to practice expressive language, such as those occurring with print books, are important because early language skills strongly predict future linguistic and cognitive aptitude in school.

The high frequency of format-related verbalizations (e.g., directing the child to turn the page) observed during both electronic-book conditions may displace book-related verbal exchanges that dyads engaged in with print books. This is consistent with previous research: although parents showed the same number of verbal exchanges with preschoolers around electronic versus print books, exchanges tended to be related to technology rather than story content. It is possible that parents made more format-related verbalizations to orient their children to a new experience because electronic books were novel to 62% of the children in this sample; however, 79% had previously played with tablets and/or mobile devices.

The negative and directive nature of parent format-related verbalizations may indicate a need for more behavioral management with electronic books compared with print. Parents and children had more off-task verbalizations with the print book versus electronic book, which is similar to previous studies in preschoolers. This could be related to persuasive tablet-design features, which may command parent and

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**FIGURE 4**

Adjusted means for the presence of toddler verbalizations occurring with enhanced electronic, basic electronic, and print books. *P < .05; **P < .01; ***P < .001.
child attention, at the expense of attending to one another, an effect that is known to occur with traditional screen media, such as television. It is challenging to discern whether this attentional focus resulted in improved learning because toddler reading comprehension is difficult to assess. However, as mentioned above, toddlers may be engaged in ways that may be less educationally enriching when reading electronic compared with print books.

Our study was the first to examine nonverbal aspects of electronic-book reading in toddlers both through shared positive affect and collaborative book reading. These nonverbal behaviors during reading are important because they foster a love of reading and promote secure parent-child attachment, which has been implicated in resilience, physical health, and quality of future relationships. Comparable to previous studies in preschoolers, dyads with high shared positive affect consistently showed this across all formats, suggesting that electronic books may be equally enjoyable for dyads despite other limitations. The quality of collaborative reading was likely lower for electronic books because observationally, parents and toddlers frequently sat separately, could not easily view the book, or appeared to struggle for tablet possession. These behaviors during tablet-based play are documented in recent work and merit further study. Our results may explain previous findings that parents report preferring shared reading over print versus electronic books with toddlers.

Limitations include the small sample size from 1 geographic area, the use of only 1 type of book-reading application (which limits generalizability), and that the age range of our study sample precluded assessment of reading comprehension. Strengths include experimental methodology, the use of commercially available books available in 3 formats, a diverse sample, and the within-subjects design, which allowed for direct comparison of the reading experience within each dyad. Future studies should consider other facets of nonverbal interactions or moderating effects of dyad characteristics, such as parent literacy level, child temperament, or home media-use practices. Replication of this study by using different applications (this application had a particular set of enhancements) in other contexts, such as home or school settings, is necessary. Although parent-child interactions are critical for toddler learning, directly examining toddler learning from print versus electronic books is another important area for future work.

CONCLUSIONS
Given the decreased quantity of parent-child verbalizations and quality of interactions occurring with the electronic books that we studied, pediatricians may wish to recommend print books over electronic books with distracting features for parent-toddler shared reading. In considering affordances of electronic books that promote learning, software designers should limit irrelevant audiovisual enhancements for toddlers. Parents reading electronic books with toddlers should consider engaging as they would with print and minimize focus on elements of the technology itself.

ACKNOWLEDGMENTS
We thank Rosa Ball, Ranya Alkhayyat, Joy Boakye, and Anastasia Pacifico for their diligent and wonderful work on this study.

FIGURE 5
Adjusted means (5 = high) for dyad social-emotional outcomes occurring with enhanced electronic, basic electronic, and print books. * P < .05; ** P < .01.

Nonverbal Global Codes

<table>
<thead>
<tr>
<th></th>
<th>Enhanced</th>
<th>Basic</th>
<th>Print</th>
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<tbody>
<tr>
<td>Shared Positive Affect</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Collaborative Book Reading</td>
<td></td>
<td></td>
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</table>

CONCLUSIONS
Given the decreased quantity of parent-child verbalizations and quality of interactions occurring with the electronic books that we studied, pediatricians may wish to recommend print books over electronic books with distracting features for parent-toddler shared reading. In considering affordances of electronic books that promote learning, software designers should limit irrelevant audiovisual enhancements for toddlers. Parents reading electronic books with toddlers should consider engaging as they would with print and minimize focus on elements of the technology itself.

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ABBREVIATIONS
BITSEA: Brief Infant-Toddler Social and Emotional Assessment
CDI: Communicative Developmental Inventory
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