Many of us know that teaching letters to our children is important. More important than knowing the letters, is knowing that the letters represent different sounds and knowing which sounds go with which letters. This is tricky! Your little one may be increasingly aware of letters but may be having a tough time keeping track of the sounds that are associated with them. That makes perfect sense because there are a lot of them and sometimes it doesn’t make any sense what sounds go with what letter (If “T” makes a “t” sound /t/, shouldn’t “W” make a /d/ sound?!) Here are some ways to help your child make and remember the connections between letters and sounds:

- **Point out that** when we say “L is for Letters” we mean that the word “letters” starts with the “L” sound /L/. See if your child can find other words that start with that same sound.

- **Use your child’s name** and the names of people important to your child to start. “S is for Sam and Sarah. Both of those names start with /s/. Do you have any other friends whose names start with that sound?”

- **Make a letter scavenger hunt.** On a paper bag, write a letter. Talk about the name of the letter and the sound (or sounds) that letter makes. Send your child off to find things that fit in the bag that start with that sound and letter.

- **Mystery Letter:** Can you tell me what letter I’m thinking of? It starts words like Fish, Funny and Frank. What is it? For more skillful players: It ends words like Leaf, Sheriff and Loaf.

Your child might also enjoy...

- *Maisy Goes Shopping* by Lucy Cousins
- *Fish Eyes: A book you can count on* by Lois Ehlert
- *Brian Wildsmith’s ABCs*
- *The Big Book of Words and Pictures* by Ole Konnecke

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