

# Raising readers

RECOMMENDS...

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Children's Books  
on Bedtime, Feelings, Loss, Toilet  
Training, and much, much more!

Reading books is a great way to help children learn about their world. Reading about a character dealing with a similar situation can help ease a child's fear and prepare them for new experiences.

Children's books are available on a variety of topics, from adoption, to starting school, to the loss of a pet. Need some suggestions? Here are some of our favorites to ask for at your local library or bookstore. It's a list you can trust; all of these books are doctor reviewed and recommended.

# Happy Reading!

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# Adoption



## *Happy Adoption Day!*

By John McCutcheon &  
Illustrated by Julie Paschkis

Little Brown & Co.  
ISBN 9780316603232  
Paperback, \$6.99

Parents celebrate the day on which they adopted their child and continue to reassure the new addition that they are wanted, loved, and special. Ages 6-8.



## *My New Family*

By Pat Thomas &  
Illustrated by Lesley Harker

Barrons Juveniles  
ISBN 9780764124617  
Paperback, \$6.99

Covers the variety of ways to make a family, the adoption process, and the importance of realizing that both the adoptive parents and the birth parents love their children. Ages 6-7.

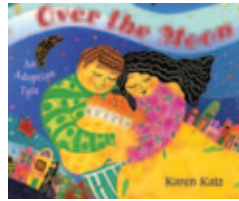


## *I Love You Like Crazy Cakes*

By Rose A. Lewis &  
Illustrated by Jane Dyer

Little Brown & Co.  
ISBN 9780316525763  
Board Book, \$6.99

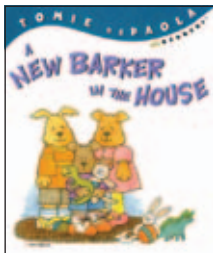
This story of a woman who travels to China to adopt a baby girl is a celebration of the love and joy a baby brings into the home. Ages 2-4.



## *Over the Moon*

By Karen Katz  
Henry Holt & Company  
ISBN 9780805067071  
Paperback, \$7.95

The author/illustrator calls on her own experiences with adoption in this delightful tale of how a special dream creates the formation of a family. Ages 2-4.



## *A New Barker in the House*

By Tomie dePaola  
Penguin Group USA  
ISBN 9780142401415  
Paperback, \$5.99

Twins Moffie and Morgie are excited when they hear that their family is adopting a three-year-old Hispanic boy. Ages 2-4.



## *Tell Me Again About the Night I Was Born*

By Jamie Lee Curtis &  
Illustrated by Laura Cornell  
HarperCollins Publishers  
ISBN 9780064435819

Paperback, \$6.99  
This is a heartwarming story, not only of how one child is born, but of how a family is born. Ages 2-4.

# Babies



## *American Babies*

By the Global Fund for Children  
Charlesbridge Publishers

ISBN 9781580892803

Board Book, \$6.95

Presents pictures of babies from across the country in a celebration of the American spirit.

Ages 0-3.



## *Global Babies*

By the Global Fund for Children  
Charlesbridge Publishers

ISBN 9781580891745

Board Book, \$6.95

Presents photographs of babies from all over the world in their native costumes and describes how all babies are special. Ages 0-3.



## *Clap Hands*

By Helen Oxenbury

Simon & Schuster

ISBN 9780689819841

Board Book, \$7.99

Toddlers learn to play hand-clapping games in this colorful, silly board book.

Ages 0-3.



## *Hello Baby!*

By Mem Fox &

Illustrated by Steve Jenkins

Beach Lane Books

ISBN 9781416985136

Hardcover, \$16.99

A baby encounters a variety of young animals, including a clever monkey, a hairy warthog, and a dusty lion cub, before discovering the most precious creature of all. Ages 2-5.



## *I Love Colors*

By Margaret Miller

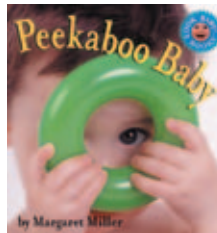
Simon & Schuster

ISBN 9781416978886

Board Book, \$4.99

This book captures a baby's delight with bright, beautiful colors!

Ages 0-2.



## *Peekaboo Baby*

By Margaret Miller

Simon & Schuster

ISBN 9780689844331

Board Book, \$6.99

Featuring close-ups of baby faces and bright colors, this delightful board book shows babies playing a game of hide-and-seek. Ages 0-2.

# Bedtime



## *Bedtime*

By Elizabeth Verdick &  
Illustrated by Marieka Heinlen

Free Spirit Publishers  
ISBN 9781575423159  
Board Book, \$7.95

Simple text and illustrations provides a bedtime routine to help toddlers wind down and get ready for sleep. Ages 0-2.



## *Can't Sleep Without Sheep*

By Susanna Leonard Hill &  
Illustrated by Mike Wohnoutka  
Walker & Co.

ISBN 9780802720665  
Hardcover, \$16.99

Whenever Ava can't sleep, she counts sheep. But Ava takes so long to fall asleep, the sheep quit in frustration. Can Ava find replacement animals? Ages 3-6.



## *The Going To Bed Book*

By Sandra Boynton  
Simon & Schuster  
ISBN 9780689870286  
Board Book, \$9.99

An assortment of animals on a boat take a bath, put on their pajamas, brush their teeth, and exercise before going to bed. Ages 0-3.



## *Hush!: A Thai Lullaby*

By Minfong Ho &  
Illustrated by Holly Meade

Scholastic, Inc.  
ISBN 9780531071663  
Paperback, \$6.99

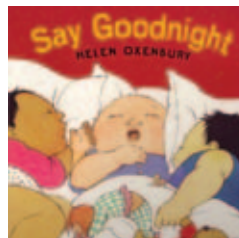
A lullaby asks animals such as a lizard, monkey, and water-buffalo to be quiet and not disturb the sleeping baby. Ages 3-6.



## *Llama, Llama Red Pajama*

By Anna Dewdney  
Penguin Group USA  
ISBN 9780670059836  
Hardcover, \$16.99

At bedtime, a little llama worries after his mother puts him to bed and goes downstairs. Ages 2-6.



## *Say Goodnight*

By Helen Oxenbury  
Simon & Schuster  
ISBN 9780689819872  
Board Book, \$7.99

An entertaining multicultural cast of playful toddlers prepares to go to bed. Ages 0-2.

# Books & Reading



## *Baby Bear's Books*

By Jane Yolen &  
Illustrated by Melissa Sweet

Houghton Mifflin Harcourt

ISBN 9780152052904

Hardcover, \$16.00

What's the best time of day for reading? Well, for Baby Bear, it's all day long.

Created by a Maine illustrator. Ages 1-4.



## *Read to Your Bunny*

By Rosemary Wells

Scholastic Inc.

ISBN 9780439087179

Paperback, \$3.99

Rhyming text and colorful illustrations tell what happens when parents and children share twenty minutes a day reading. Ages 0-3.



## *Book!*

By Kristine O'Connell George

Clarion Books

ISBN 9780547154091

Board Book, \$5.95

This adorable board book celebrates a small child's very first discovery of the magic and wonder contained within a book. Ages 1-3.



## *Wild About Books*

By Judy Sierra &

Illustrated by Marc Brown

Random House Inc.

ISBN 9780375825385

Hardcover, \$16.95

A librarian introduces the various animals of the zoo to the joy of reading when she drives her bookmobile to the zoo by mistake. Ages 5-7.



## *Lola at the Library*

By Anna McQuinn &

Illustrated by Rosalind Beardshaw

Charlesbridge Publishers

ISBN 9781580893763

Board Book, \$6.95

In a cozy celebration of books, Lola is excited because it is Tuesday, the day she and her mommy head to the library. Ages 2-4.



## *The Wonderful Book*

By Leonid Gore

Scholastic Inc.

ISBN 9780545085984

Hardcover, \$16.99

Forest animals do not know what a book is for and use it for various humorous purposes until a boy reads to them and they discover its true use. Ages 3-7.

# Child Care, School



## *Bye Bye Mommy*

By Scholastic Inc.

Scholastic Inc.

ISBN 9780531245453

Board Book, \$6.95

A hippopotamus says goodbye to Mommy at the start of a day at preschool and greets her at the end of a happy day of playing. Ages 0-2.



## *Countdown to Kindergarten*

By Alison McGhee &

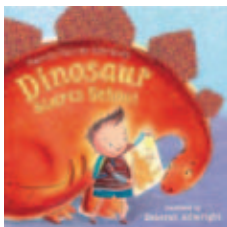
Illustrated by Harry Bliss

Houghton Mifflin Harcourt

ISBN 9780152055868

Paperback, \$6.00

Ten days before the start of kindergarten, a preschooler cannot tie her shoes by herself and fears the worst. Ages 4-6.



## *Dinosaur Starts School*

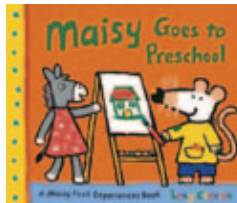
By Pamela Duncan Edwards & Illustrated by Deborah Allwright

Albert Whitman & Co.

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Paperback, \$6.99

A little boy helps his dinosaur friend overcome his fears of the first day of school. Ages 3-6.



## *Maisy Goes to Preschool*

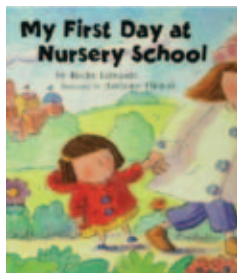
By Lucy Cousins

Candlewick Press

ISBN 9780763650865

Paperback, \$6.99

Preschool for Maisy means a day filled with friends and things to do, from the time she hangs up her coat to the time she says goodbye. Ages 1-4.



## *My First Day at Nursery School*

By Becky Edwards &

Illustrated by Anthony Flintoft

Bloomsbury USA

ISBN 9781582349091

Paperback, \$6.95

On the first day of preschool, a little girl misses her mother, but on the second day, after having so much fun, she is excited to go back. Ages 2-4.



## *Wemberly Worried*

By Kevin Henkes

HarperCollins Publishers

ISBN 9780061857768

Paperback, \$6.99

A mouse named Wemberly, who worries about everything, finds that she has a whole list of things to worry about when she faces the first day of nursery school. Ages 2-4.

# Family Nutrition



## *Feast for 10*

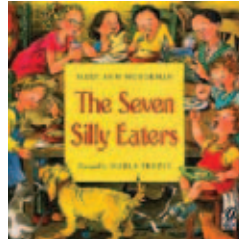
By **Cathryn Falwell**

Clarion Books

ISBN 9780618382262

Board Book, \$4.95

A family prepares and eats a meal together—counting all the way. Created by a Maine author/illustrator. Ages 1-5.



## *The Seven Silly Eaters*

By **Mary Ann Hoberman & Illustrated by Marla Frazee**

Houghton Mifflin Harcourt

ISBN 9780152024406

Paperback, \$7.00

Mrs. Peters struggles to find something that her seven choosy children will eat. Her family offers a solution, and a birthday surprise! Ages 6-7.



## *Growing Vegetable Soup*

By **Lois Ehlert**

Houghton Mifflin Harcourt

ISBN 9780152061760

Board Book, \$10.95

Creating a delicious repast from the ground up—literally. Vivid and appealing illustrations of gardening and cooking together as a family. Ages 2-4.



## *Soup Day*

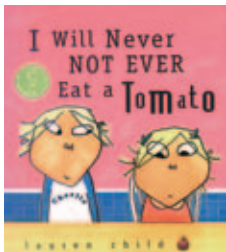
By **Melissa Iwai**

Henry Holt & Co.

ISBN 9780805090048

Hardcover, \$12.99

A mother and child spend a snowy day together buying and preparing vegetables and playing while their big pot of soup bubbles. Ages 4-7.



## *I Will Never, Not Ever Eat a Tomato*

By **Lauren Child**

Candlewick Press

ISBN 9780763621803

Paperback, \$6.99

Charlie's little sister Lola is a very fussy eater. By imaginatively renaming their foods, though, Charlie gets her to try new things. Ages 4-7.



## *Yoko*

By **Rosemary Wells**

Disney Press

ISBN 9781423119838

Paperback, \$6.99

When Yoko brings sushi to school for lunch, her classmates make fun of what she eats—until one of them tries it for himself. Ages 4-6.

# Feelings



## *Don't Let the Pigeon Drive the Bus*

By **Mo Willems**

Hyperion Books

ISBN 9780786819881

Hardcover, \$14.99

When the bus driver decides to take a break from driving, a pigeon pleads and begs to take his place, capturing the antics of a preschooler's temper tantrum. Ages 2-4.



## *The Feelings Book*

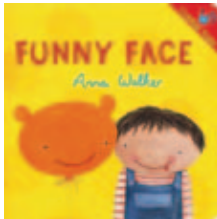
By **Todd Parr**

Little Brown & Co.

ISBN 9780316012492

Board Book, \$6.99

Do you feel silly? Do you feel lonely? Do you feel like dancing? Open this book and find out about all the different feelings you can have. Ages 2-4.



## *Funny Face*

By **Anna Walker**

Kane Miller

ISBN 9781935279112

Board Book, \$7.99

Toddlers can view other children's faces as they demonstrate such emotions as happy, sad, angry, and surprised. Ages 0-3.



## *Go Away, Big Green Monster!*

By **Ed Emberley**

Little Brown & Co.

ISBN 9780316236539

Hardcover, \$11.99

A scary green monster begins to disappear, page by page, in a book that lets youngsters let go of fear. Ages 3-6.



## *A Good Day*

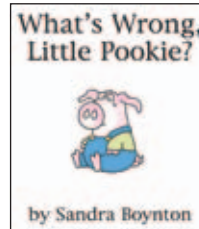
By **Kevin Henkes**

HarperCollins Publishers

ISBN 9780061857782

Board Book, \$7.99

A bird, a fox, a dog, and a squirrel overcome minor setbacks to have a very good day. Ages 1-4.



## *What's Wrong, Little Pookie?*

By **Sandra Boynton**

Random House Inc.

ISBN 9780375845529

Board Book, \$5.99

Mother tries to find out why little Pookie is upset, in a board book perfect for toddlers in a bad mood. Ages 1-3.

# Health

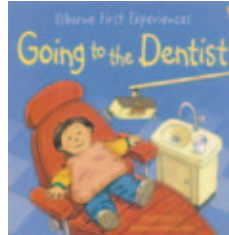


## ***Bear Feels Sick***

**By Karma Wilson &  
Illustrated by Jane Chapman**

**Simon & Schuster  
ISBN 9780689859854  
Hardcover, \$16.99**

When Bear is too sick to play, his animal friends go to his cave to make him soup and tea and keep him company.  
Ages 3-6.



## ***Going to the Dentist***

**By Anne Civardi  
Usborne Publishers  
ISBN 9780794525927  
Paperback, \$4.99**

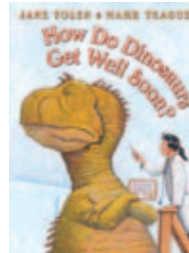
The dentist checks Jake's teeth and tells him how to take better care of them.  
Age 4-6.



## ***Brush, Brush, Brush!***

**By Scholastic Inc.  
Scholastic Inc.  
ISBN 9780531252369  
Board Book, \$6.95**

Simple text and illustrations demonstrates how to brush and care for your teeth. Ages 1-3.



## ***How Do Dinosaurs Get Well Soon?***

**By Jane Yolen &  
Illustrated by Mark Teague  
Scholastic Press  
ISBN 9780439241007  
Hardcover, \$16.99**

Describes what a young dinosaur should do in order to quickly get over being sick. Ages 2-4.

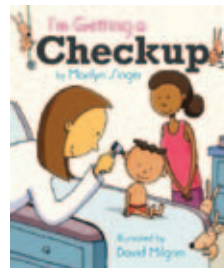


## ***Germs Are Not for Sharing***

**By Elizabeth Verdick &  
Illustrated by Marieka Heinlen**

**Free Spirit Publishers  
ISBN 9781575421964  
Board Book, \$7.95**

Shows toddlers ways to keep germs from spreading. Ages 1-4.



## ***I'm Getting a Checkup***

**By Marilyn Singer &  
Illustrated by David Milgrim  
Houghton Mifflin Harcourt  
ISBN 9780618990009  
Hardcover, \$16.00**

Join three children and their parents as they visit their pediatricians for a typical checkup. Ages 4-6.

# Loss



## *Always and Forever*

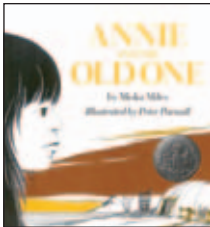
By Alan Durant &  
Illustrated by Debi Gliori

Houghton Mifflin Harcourt

ISBN 9780152166366

Hardcover, \$16.00

When Fox dies, Mole, Hare, and Otter have a hard time adjusting to his loss until Squirrel reminds them of all the good times they shared. Ages 4-7.



## *Annie and the Old One*

By Miska Miles

Little Brown & Co.

ISBN 9780316571203

Paperback, \$7.99

A poignant, understated story of a brave child and how she learns about death. Set against a background of Navajo traditions and contemporary Indian life. Ages 6-8.



## *Grandma's Gloves*

By Cecil Castellucci &  
Illustrated by Julia Denos

Candlewick Press

ISBN 9780763631680

Hardcover, \$15.99

Heartbroken when her beloved grandmother passes away, a little girl works through her grief by resolving to keep their flower garden in bloom. Ages 5-7.



## *When a Pet Dies*

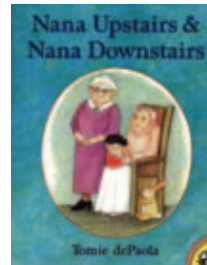
By Fred Rogers &  
Illustrated by Jim Judkis

Penguin USA

ISBN 9780698116665

Paperback, \$5.99

Mr. Rogers explores the emotions associated with the death of a favorite pet and offers children sensitive advice on how to cope with the loss. Ages 4-7.



## *Nana Upstairs & Nana Downstairs*

By Tomie dePaola

Penguin USA

ISBN 9780698118362

Paperback, \$6.99

Four-year-old Tommy enjoys his relationship with both his grandmother and great-grandmother, but eventually learns to face their inevitable passing. Ages 4-7.



## *Thank You, Grandpa*

By Lynn Plourde &  
Illustrated by Jason Cockcroft

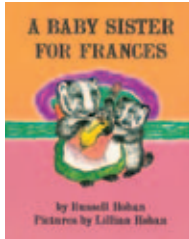
Penguin USA

ISBN 9780525469926

Hardcover, \$15.95

Remembering her grandfather and their special walks together helps a young girl cope with her grief. Created by a Maine author/illustrator. Ages 6-7.

# New Baby



## *A Baby Sister for Frances*

By **Russell Hoban** &  
Illustrated by **Lillian Hoban**  
HarperCollins Publishers  
ISBN 9780064430067  
Paperback, \$6.99

When a baby sister arrives, Frances the badger finds a charming way to prove her own importance. Ages 4-6.



## *Pecan Pie Baby*

By **Jacqueline Woodson** &  
Illustrated by **Sophie Blackall**  
Penguin USA  
ISBN 9780399239878  
Hardcover, \$16.99

When Mama's pregnancy draws attention away from Gia, she worries that the special bond they share will disappear forever once the baby is born. Ages 4-7.



## *Baby Baby blah blah blah!*

By **Jonathan Shipton** &  
Illustrated by **Francesca Chessa**  
Holiday House  
ISBN 9780823422135  
Hardcover, \$16.95

When her parents tell her that they are expecting a baby, Emily sets to work on a list of pros and cons. Ages 5-7.



## *I'm a Big Sister*

By **Joanna Cole** &  
Illustrated by **Rosalinda Kightley**  
HarperCollins Publishers  
ISBN 9780061900624  
Hardcover, \$6.99

A sister enumerates the joys of welcoming a new baby to the family and the advantages of already being "big." Ages 4-7.



## *Waiting for Baby*

Illustrated by **Rachel Fuller**  
Child's Play  
ISBN 9781846432750  
Board Book, \$4.99

A young child learns what to expect when his new sibling is born and comes into his life. Ages 2-4.

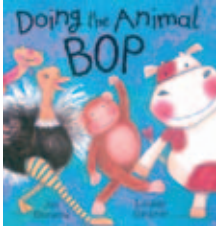


## *I'm a Big Brother*

By **Joanna Cole** &  
Illustrated by **Rosalinda Kightley**  
HarperCollins Publishers  
ISBN 9780061900655  
Hardcover, \$6.99

A child observes all the things that his new baby brother does and gives all the reasons why he loves being a big brother. Ages 4-7.

# Physical Activity

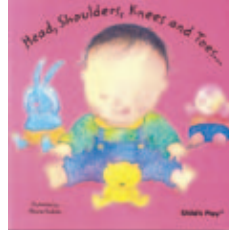


## *Doing the Animal Bop*

By Jan Ormerod &  
Illustrated Lindsey Gardiner

Barrons Juveniles  
ISBN 9780764178993  
Paperback, \$8.99

Various animals dance to the animal bop, including ostriches, elephants, and monkeys. The book includes a CD with music. Ages 2-4.



## *Head, Shoulders, Knees and Toes*

By Annie Kubler

Child's Play  
ISBN 9780859537285  
Board Book, \$4.99

An illustrated version of the song encourages toddlers to identify parts of the body and move to the rhythm. Ages 0-2.



## *From Head to Toe*

By Eric Carle

HarperCollins Publishers  
ISBN 9780064435963  
Paperback, \$6.99

Encourages the reader to exercise by following the movements of various animals. Ages 3-6.



## *On the Go!*

Illustrated by Jess Stockham

Child's Play  
ISBN 9781846430497  
Board Book, \$7.99

Animals stretch, jump, and climb, while under the book's flaps, babies do the same. Ages 0-2.

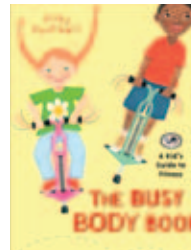


## *Get Up and Go!*

By Nancy L. Carlson

Penguin Group USA  
ISBN 9780142410646  
Paperback, \$5.99

Encourages readers to turn off the TV and play games, walk, dance, and engage in other forms of exercise. Ages 4-7.



## *The Busy Body Book*

By Lizzy Rockwell

Random House  
ISBN 9780553113747  
Paperback, \$6.99

Explores all the ways the body moves, twists, and turns and how kids can stay fit. Ages 5-8.

# Separation

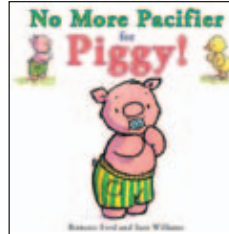


## *The Kissing Hand*

By **Audrey Penn** &  
Illustrated by **Ruth Harper**

Tanglewood Press  
ISBN 9781933718101  
Paperback, \$12.95

When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him. Ages 5-6.



## *No More Pacifier for Piggy!*

By **Bernette Ford** &  
Illustrated by **Sam Williams**

Sterling Publishers  
ISBN 9781905417896  
Hardcover, \$12.95

When visiting his friend Ducky, Piggy must choose between playing a new game and sucking on his pacifier. Ages 2-4.



## *No More Blanket for Lambkin!*

By **Bernette Ford** &  
Illustrated by **Sam Williams**

Sterling Publishers  
ISBN 9781906250478  
Board Book, \$6.95

Lambkin refuses to give up her blanket until Ducky comes for a play date and says just the right words. Ages 2-4.



## *Owen*

By **Kevin Henkes**  
HarperCollins Publishers  
ISBN 9780688148867  
Paperback, \$4.99

Owen loves his fuzzy blanket and outwits all suggestions for giving it up, until his mother finds a solution that makes everyone happy. Ages 2-5.



## *No More Bottles for Bunny!*

By **Bernette Ford** &  
Illustrated by **Sam Williams**

Sterling Publishers  
ISBN 9781906250225  
Board Book, \$6.95

When Bunny gets an invitation to Piggy's tea party, he must learn to give up his bottle and drink from a cup. Ages 2-4.



## *Two Homes*

By **Claire Masurel** &  
Illustrated by  
**Kady MacDonald Denton**  
Candlewick Press  
ISBN 9780763619848  
Paperback, \$6.99

Alex feels safe and loved in the homes of both his parents even though they live apart and are divorced. Ages 2-6.

# Toilet Training



## *Lily's Potty*

By **Begin Smart Books**

Begin Smart Books

ISBN 9781934618998

Board Book, \$9.95

Simple, rhyming text invites the reader to help find a missing potty chair.

Ages 1-5.



## *Pete's Potty*

By **Begin Smart Books**

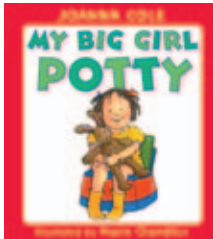
Begin Smart Books

ISBN 9781934618981

Board Book, \$9.95

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## *My Big Girl Potty*

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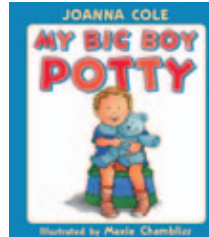
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Ashley learns to use her potty and makes the transition from diapers to big-girl pants. Ages 1-5.



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HarperCollins Publishers

ISBN 9780688170424

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With the help of understanding parents, a young boy learns how to use his potty so he does not have to wear diapers any longer. Ages 1-5.



## *Once Upon a Potty: Boy*

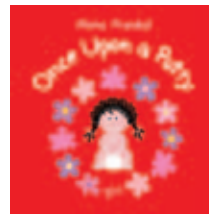
By **Alona Frankel**

Firefly Books

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Explains in simple text and illustrations why and how a little boy uses the potty. Ages 1-5.



## *Once Upon a Potty: Girl*

By **Alona Frankel**

Firefly Books

ISBN 9781554072842

Hardcover, \$6.95

Explains in simple text and illustrations why and how a little girl uses the potty. Ages 1-5.



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