



Ra'yiga si aad ilmahaaga wax ula akhridid

Waa muhiim inaad ilmahaaga u akhridid maalin walba. Akhrisku ilmahaaga wuxuu u kordhiyaa erreyada, ku dhawaaqa, sawiraduna maskaxda ayay u koriyaan.

- Sawirada buuga kuyaala isticmaal oo sheeko ka samee adigu!
- Buugaga dhig meel ay caruurto gaadhi karto-salad dhulka taala ama miis gaaban oo ay gaadhi karaan.
- Buugaag la wadaag ilmahaaga xiliga hurdadda.
- Kala hadal ilmahaaga sheekada waxa ka dhacaya.
- Metal ama canjil waxa sheekada ka dhacaya.
- Codad kala duwan samee oo ku saabsan dadka sheekadu ku socoto.
- Ilmahaaga gee laaybireeriga xiliyadda sheekooyinka ciyaalka loo akhriyo. Buugaag kale usoo qaad.
- Laqaado ilmahaaga xili fiican marka aad wax u akhriyaysid. Maalin walba ilaa 20 daqiiqo wax u akhri.